

Supporting a client's disclosure

Cette infographie (disponible en anglais seulement) du bureau de soutien et d'éducation en matière de violence sexuelle de l'Université métropolitaine de Toronto peut être utilisée dans maintes situations lorsque des clients vous font part de contraventions à leurs droits.

If someone discloses sexual violence to you, it's okay to not have all the answers. You don't need to be an expert to support them. Rather try to remember to be BRAVE:



B **R** **A** **V** **E**

Begin by listening.	Respect confidentiality.	Ask what support looks like to them.	Validate them.	Empathize.
Don't pry or press for additional details.	Ensure they understand how and when you will share the information they have provided you.	Let go of assumptions. Reporting to the police is not every survivor's vision of justice.	Remind them it is not their fault and they are believed.	Understand everyone has a different way of healing from violence.

Toronto Metropolitan University

Office of Sexual Violence Support & Education

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