

Addressing unhealthy conditions in rental housing: the case of mould

Wednesday, Mar 19, 2025

10 AM - 12 PM

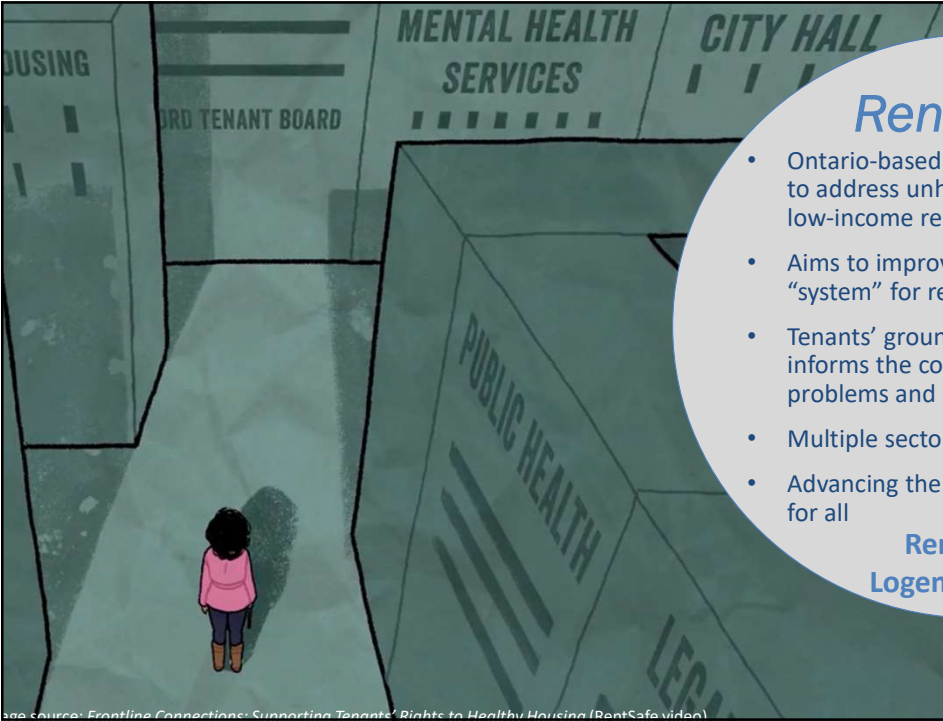


Mould is one of the most common concerns contributing to unhealthy housing in Ontario

RentSafe.ca | Connecting people across sectors toward healthy housing for all



Financial contribution from
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RentSafe

- Ontario-based initiative led by CPCHE to address unhealthy conditions in low-income rental housing
- Aims to improve the intersectoral “system” for response and prevention
- Tenants’ grounded (lived) expertise informs the conceptualization of problems and solutions
- Multiple sectors actively involved
- Advancing the right to healthy homes for all

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Image source: Frontline Connections: Supporting Tenants’ Rights to Healthy Housing (RentSafe video)

Polling

Who is in the room today



A healthy home provides the foundation for health and wellbeing

- Maintaining and improving the quality of existing rental housing is essential to support the **health and wellbeing** of tenants, address the **housing and homelessness crisis** and improve **health equity**



Contextualizing Unhealthy Housing: **Unhealthy Housing and the Housing Crisis**

Rental housing stock is ageing, in decline, in need of repairs, and increasingly unaffordable. Factors contributing to this crisis include

- Reduced government investments
- Increasing financialization of housing
- Climate change
- Reactive and limited response systems
 - Maintenance and housing “standards” are poorly defined
 - Reactive, complaints-based system puts the onus on tenants to identify unhealthy conditions

Mould is inconsistent with healthy housing

- Dampness and mould is one of the most common health and habitability concerns in housing.
- Mould grows in environments with excess moisture, whether due to leaks in roofs or plumbing, poor ventilation, older windows, water damage or damp basements, in housing that is inadequately constructed
- Health Canada considers indoor mould growth to be a health hazard. [1]
- Strong evidence exists linking numerous respiratory health impacts with exposure to indoor dampness and mould, including: exacerbation/worsening of existing asthma, bronchitis, respiratory infections, and other respiratory problems, with children often at greatest risk. [2]

[1] Health Canada (2023). Addressing moisture and mould in your home. <https://www.canada.ca/en/health-canada/services/publications/healthy-living/addressing-moisture-mould-your-home.html>

[2] Summerbell & Hart (2021). Health Impacts of Indoor Dampness and Mould and Effective Remediation and Prevention Strategies: Expert Review and Summary of Evidence. https://rentsafecanada.files.wordpress.com/2022/02/mould-expert-report_health-impactsremediation.pdf

Unhealthy and unfit conditions in low-income rental housing: an equity issue in Ontario

- Renters with low-income are more likely to experience housing inadequacy
 - A much greater percentage (40.6%) of renters in core housing need lived in inadequate housing (in need of major repair) in 2021, compared to owners in core housing need (16%), or all renters (7.8%).[3,4]
- Ontario’s purpose-built rental housing supply is ageing
 - 85% was built before 1980
 - this housing is more affordable than rental housing built after 2000.[5]
- Populations who are disproportionately exposed to the risks of housing-related health inequities include: Renters with low-income, Indigenous peoples, racialized tenants, people who experience disproportionate risk and negative outcomes associated with climate change, and children and youth.

[3] Statistics Canada. (2023). Table 98-10-0234-01 Dwelling condition by tenure: Canada, provinces and territories, census metropolitan areas and census agglomerations. <https://doi.org/10.25318/9810023401-eng>

[4] Canada Mortgage and Housing Corporation (2021). Core Housing Need (2021) – Ontario. <https://www03.cmhc-schl.gc.ca/hmip-pimh/en#Profile/35/2/Ontario>

[5] Government of Ontario. (2019). Housing Needs in Ontario. Community housing renewal: Ontario’s action plan under the National Housing Strategy. <https://www.ontario.ca/document/community-housing-renewal-ontarios-action-plan-under-national-housing-strategy/housing-needs-ontario#>

Indigenous housing: an equity issue in Ontario

- Indigenous people in Ontario are 2.5 times more likely to live in housing in need of major repairs than non-Indigenous people, according to Canada’s 2021 Census.
 - 5.6% of all households and 8.3% of all renter households in Ontario live in housing in need of major repairs [6]
 - 14.4% of all Indigenous households, and 15.6% of Indigenous renter households in Ontario live in housing in need of major repairs [6]
- A study in Northern Ontario found “Many houses in these First Nation communities had substantial [Indoor Environmental Quality] problems. [...] Surface area of visible mould tended to be associated with [upper respiratory tract infection] visits”. [7, p.E86]

[6] Statistics Canada. (2023) Table 98-10-0621-01 Population groups by housing suitability and condition of dwelling: Canada, provinces and territories, census metropolitan areas and census agglomerations. <https://doi.org/10.25318/9810062101-eng>

[7] Kovesi, T., Mallach, G., Schreiber, Y., McKay, M., Lawlor, G., Barrowman, N., ... & Miller, J. D. (2022). Housing conditions and respiratory morbidity in Indigenous children in remote communities in Northwestern Ontario, Canada. Cmaj, 194(3), E80-E88. <https://www.cmaj.ca/content/194/3/E80>

Mould is widespread

RentSafe Survey of Small-Scale Landlords

- 29% of respondents reported having experienced mould in their rental units.
- 23% of respondents identified mould as the housing condition most harmful to health.
- 95% of respondents feel mould is one of the most important housing conditions to minimize or eliminate.

Mould is widespread

RentSafe Owen Sound Collaborative Tenant Survey: Key Highlights

47% of respondents reported mould in their unit

- Factors that increased likelihood of having mould in the unit:
 - Spending >30% of household income on housing (19% more likely)
 - Living in the unit for longer (24% more likely)
 - Living in a unit owned by a company or corporation (18% more likely)

21% of respondents did not report any bathroom ventilation

- Proper ventilation is essential to prevention of mould

Mould is widespread

RentSafe Owen Sound Collaborative Tenant Survey: Key Highlights

62% of respondents had reported a water leak in their unit in the past 12 months

- Factors that increased likelihood of experiencing a water leak:
 - Being under the age of 35 (45% more likely)
 - Living in the unit for longer (19% more likely)
 - Spending >30% of household income on housing (27% more likely)
 - Living in an older building (23-36% more likely)
- Location of water leaks:
 - Through the walls from outside (38%)
 - Around windows and doors (35%)
 - Through the basement foundation (33%)
 - From the roof (28%)
 - From clogged plumbing fixtures (25%)
 - From leaks in pipes (19%)

Mould resources: RentSafe

HEALTH IMPACTS OF INDOOR DAMPNESS AND MOULD AND EFFECTIVE REMEDIATION AND PREVENTION STRATEGIES

Expert Review and Summary of Scientific Evidence

PREPARED BY

Richard Summerbell
Associate Professor, Dalla Lana School of Public Health, University of Toronto
and Research Director, Sporenetics

Robert Hart,
Certified Public Health Inspector (Canada)

December 7, 2011

Are you living in a rental unit with mould?

Do you or your family members living in the unit suffer from any of the following symptoms?

○ Ongoing cough that does not go away and is worse when in the home.

○ Asthma symptoms flaring up more often than usual, needing to use an asthma inhaler more often.

○ Stuffy or runny nose (not associated with a cold) that keeps coming back and is worse when in the home.

○ Trouble with breathing.

Do you or any of your family who live in the unit suffer from any of the following conditions?

○ Asthma or other breathing difficulties.

○ Lung disease or other respiratory illness.

If you answered YES to any of these questions OR if you have young children and have mould in your home...

You should talk to your doctor.

Mould may be harming your health or the health of your family.

You may want to keep a record of symptoms that you or family members experience. Be sure to note if the symptoms are worse when you are in the home and/or if you feel better when you are at work, school or travel homes. Once your record of symptoms is complete, ask your doctor for a letter to document that you are suffering from symptoms related to the mould. A sample letter is online at www.rentsafecan.ca

NAME	SYMPTOMS	DATE	TIME	LOCATION
Leah on	Stuffy nose	May 1st	10am	Living room

Ontario Association of Property Standards Officers (OAPSO) Model By-Law

4.16 MOULD

1. Any accumulation of mould shall be immediately cleaned and removed by the owner of a building.

2. No person shall occupy, or permit the occupancy of a building, or portion thereof, where an extensive accumulation of mould exists which could pose a health concern to any person who occupies the building, or portion thereof.

3. Any condition in a building, including but not limited to water penetration, humidity or inadequate ventilation, which relate to the creation and growth of mould, shall be repaired, replaced or removed by the owner of the building. The owner shall take all reasonable steps necessary to prevent recurrence of mould growth.

4. If the mould accumulation is moderate or extensive, the Property Standards Officer may order the owner to provide, at the owner's expense, a report prepared by a Certified Air Quality Assessment professional, trained and knowledgeable in the field, detailing mould spore samples and related air quality.

a) The report in section 4.16.4 will detail the extent of the mould contamination, and remediation of mould removal, and any other items as the Officer may deem necessary;

b) The owner will provide a copy of the report to the Property Standards Officer;

c) The owner will undertake the appropriate remediation outlined in the report; and

d) The owner will provide a follow-up report which confirms that air quality levels are consistent with a healthy environment.

5. Notwithstanding any other provision of this Bylaw, section 4.16.1 and 4.16.2 shall not apply if the presence of mould is minor in nature and relates to general maintenance and/or lifestyle.

<https://rentsafe.ca/2019/06/26/new-resources-on-mould-and-health-for-physicians-and-their-patients/>

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Mould resources: Health Canada

Health Canada Santé Canada

Your health and safety our priority

More services at [www.canada.ca](#)

Guide to addressing moisture and mould indoors

1. Introduction

The purpose of this guidance is to summarize ways to identify, remediate, and prevent moisture and mould issues indoors. This guidance provides practical recommendations to address this potential health hazard, including guidance for assessing the magnitude of the problem, a prevention checklist, and considerations when hiring a professional to remediate mould and moisture issues indoors. This guidance aligns with what is available internationally and is intended for the general public, including property owners, landlords and tenants, as well as public health and building professionals.

2. Background

The word "mould" is the common name referring to fungi that grow on food or materials in homes or other buildings. Health Canada has concluded that indoor mould growth may cause a health hazard. Health Canada and other internationally recognized organizations do not promote a health-based exposure limit for mould exposure indoors, as current scientific information is not available to support its derivation.

3. Health effects of dampness and mould exposure

People living in homes with mould and damp conditions are more likely than others to have:

- eye, nose and throat irritation;
- coughing and phlegm production;
- wheezing and shortness of breath; and/or
- worsening of asthma symptoms.

More recently, there is increased recognition that exposure to indoor mould and dampness may contribute to the development of asthma, bronchitis and other respiratory infections, as well as eczema.

FLOOD CLEAN UP AND INDOOR AIR QUALITY

After a flood, it's important to quickly restore your home to good order to protect your health and prevent further damage. Standing water and wet materials may carry viruses, and will allow bacteria, and mould to grow which can present serious health risks. Your house and furnishings are less likely to grow mould if they are dried within 48 hours.

BEFORE YOU BEGIN

1 **Avoid electrical shock.**

- Wear rubber boots when standing in water and keep extension cords out of the water.
- Shut the power off to the flooded area at the breaker box.
- If you have a well pump, do not turn it on as there is a risk of electrical shock. Hire a certified well contractor to respect your well and its wiring before use.

GATHER

Disposable N95 mask and

Health Canada Santé Canada

Chemicals and pollutants in the home

Tips for renters

DO IT FOR...

- A HEALTHY HOME.**

If you rent your home, in a house, an apartment, or a condominium, there are things you can do to make home a healthy one.

1. Guide to addressing moisture and mould indoors
Eng: <https://www.canada.ca/en/health-canada/services/publications/healthy-living/addressing-moisture-mould-your-home.html>
Fr: <https://www.canada.ca/fr/sante-canada/services/publications/healthy-living/addressing-moisture-mould-your-home.html>

2. Flood clean up and indoor air quality
Eng: <https://www.canada.ca/en/health-canada/services/publications/healthy-living/infographic-flood-clean-up-indoor-air-quality.html>
Fr: <https://www.canada.ca/fr/sante-canada/services/publications/vie-saine/infographie-nettoyage-apres-inondation-qualite-air-interieur.html>

3. Chemicals and Pollutants in the Home: Tips for Renters
Eng: <https://www.canada.ca/content/dam/hc-sc/documents/services/healthy-home/guide/chemicals-pollutants-home-tips-for-renters.pdf>
Fr: <https://www.canada.ca/content/dam/hc-sc/documents/services/healthy-home/guide/produits-chimiques-polluants-maison-conseils-pour-locataires.pdf>

Agenda

Part 1: Tenant, Indigenous and Health care provider perspectives on addressing mould in rental housing

- Q&A

Part 2: Insights from across sectors to address mould in rental housing

- The legal framework
- Property standards and by-law
- Public health
- Municipal social services
- Non-profit supportive housing provider

Part 3: Putting it all together – Opportunities to improve prevention and responses to mould across sectors

- Panel Discussion and Q & A

Thank you to our partners







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The views expressed herein do not necessarily represent the views of Health Canada.
Les opinions exprimées ne représentent pas nécessairement celles de Santé Canada.



Thank you

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**Tenant, Indigenous and Health
care provider perspectives on
addressing mould in rental housing**

**Indigenous
Healthy Energy
Homes**

By Chad Bonnetrouge
Energy Efficiency
Program Coordinator

March 19, 2025



What are Healthy Energy Homes?



Homes that integrate energy efficiency, climate resilience, cultural appropriateness and occupant health.



They reduce energy costs, lower carbon emissions and create healthier indoor environments by addressing proper ventilation, moisture control and insulation.



This is not a new designation for houses such as Net-Zero, R-2000 or Passive House.

1

Efficiency

+

2

Health

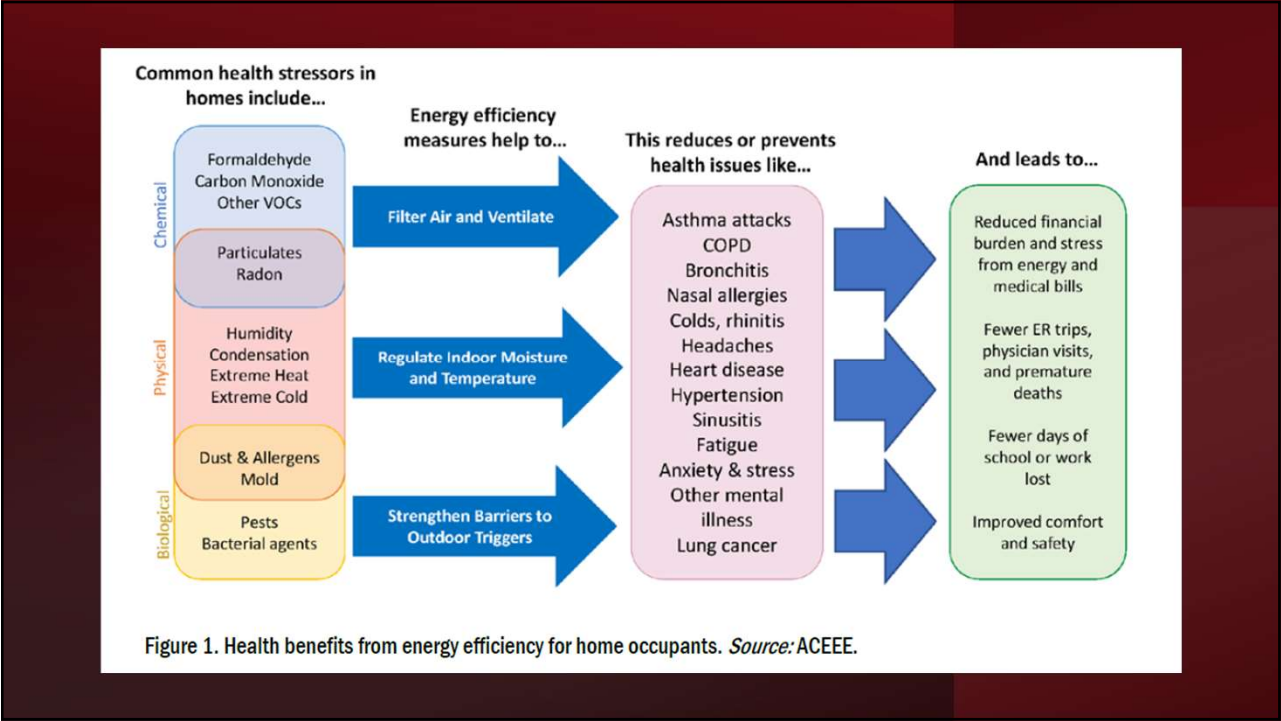
+

3

Durability

High Performance

Healthy energy homes



Healthy Efficiency in Action



Insulating

Eliminates interior cold spots where moisture condenses, and mold can grow



Ventilation

Brings in fresh air, recovers potential heat loss, and helps manage moisture



Healthy Energy Homes Scoping Paper

- Poor housing leads to higher healthcare costs and worse health outcomes.
- Energy-efficient housing can save communities money and reduce emissions.
- Policy changes are needed to scale Indigenous-led housing solutions.

Opportunities and Next Steps

- New community-driven funding opportunities available for retrofits and new builds.
- Advocacy needed for policy change and Indigenous governance in housing.
- How you can get involved: Support clean energy projects and spread awareness.



INDIGENOUS CLEAN ENERGY

Contact Me
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FIND OUT MORE
indigenoucleanenergy.com

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ACME

Association canadienne
des médecins
pour l'environnement



CAPE

Canadian Association
of Physicians
for the Environment



Evidence-informed perspectives on health sector’s role in addressing mould in rental housing

Presenter Info: Donald C Cole MD FRCP(C),
Marg Sanborn MD FCFP
Affiliation: CAPE, DLSPH, GAFFI
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Impacts on Health of Mould in housing





Case 1

Child in rental housing with allergic symptoms:

- multiple moulds in various locations throughout the house:
 - Mushroom-like growth under kitchen sink
 - child's bedroom closet adjacent to unvented bathroom - black mould front hall closet - children's backpacks mouldy
- youngest child developed runny nose and generally ill



Case 2



Senior living in co-op apartment in seniors' complex

- chronic condensation around A/C ducts; mould eventually became visible on ceiling
- initial inquiry led to superficial clean-up
- follow-up revealed extensive mould in A/C system and surrounding areas
- multiple units affected
- Symptoms included chronic cough and congestion, fatigue & brain fog



Strength of Evidence – Indoor Dampness & Mould (D&M) Exposure – Respiratory Impacts

Category for Strength of Evidence	Health Impacts of Indoor D/M	
Sufficient evidence of a causal relationship with indoor D/M	Exacerbation of existing asthma in children	
Sufficient evidence of an association with indoor D/M	Asthma: • development • ever-diagnosed • current • exacerbation Bronchitis Eczema	Respiratory infections • Dyspnea (chest tightening, difficulty breathing), Wheeze, Cough • Allergic rhinitis • Upper respiratory tract symptoms

Hung LL, et al. (2020). *Recognition, Evaluation, and Control of Indoor Mold*. American Industrial Hygiene Association



Strength of Evidence – Indoor D/M Exposure – Multi-system Health Impacts

Category for Strength of Evidence	Health Impacts of Indoor D/M	
Sufficient evidence of an association with indoor D/M*	Adults - depression, stress, and anxiety	Children - emotional symptoms and emotional dysregulation
Limited or suggestive evidence of an association with indoor D/M	• Common cold like symptoms • Allergy/atopy	
Inadequate or insufficient evidence to determine whether an association exists with indoor D/M	Altered lung function Multiple chemical sensitivity – chemical intolerance †	Any other health effect not listed above

Hung LL, et al. (2020) (cont)...

* Gatto MR et al. (2024) *Environmental Health Perspectives* 132(8):1-12 <https://doi.org/10.1289/EHP143>



Vulnerability to mould health impacts

About 10% of population and 25-40% of atopic persons are allergic to mould. Particularly vulnerable include:

- children, cystic fibrosis, asthmatics, respiratory conditions
- immune suppressed including haematological malignancies, cancer patients chemoTx & radiation, HIV positive, transplant patients

But, not everyone in household will present with clinical symptoms

Summerbell & Hart (2021). Health Impacts of Indoor Dampness and Mould and Effective Remediation and Prevention Strategies: Expert Review and Summary of Evidence.
https://rentsafecanada.files.wordpress.com/2022/02/mould-expert-report_health-impactsremediation.pdf



Precautionary approach to mould

- Mould is a health hazard, so its presence is not consistent with healthy housing
- Health Canada (2023):
 - ...recommends controlling dampness indoors and cleaning up any visible mould regardless of the type of mould present
 - Immediate action is important. Mould will begin to grow in an area with excessive moisture within 48 hours.

Health Canada (2023). Guide to addressing moisture and mould indoors.
<https://www.canada.ca/en/health-canada/services/publications/healthy-living/addressing-moisture-mould-your-home.html>



Assessment of mould health impacts





Document Exposure

- General environmental exposure history (Community, **Home**, Hobby, Occupation, Personal, Diet & Drugs)*
- Self-reported **visible mould** and **mould size** proven accurate#
- Air testing for mould generally **not helpful** for either quantity or type of mould
- Photos of mould sources by patient – caregiver

Classification of Extent of Visible Mould		
Small	Moderate	Extensive
3 or fewer patches and the total area is less than 1m²	If there are more than 3 patches or if the patches are greater than 1m² but less than 3m²	If a single patch is larger than 3m²

Source: Canada Mortgage and Housing/Health Canada



Photo source: <https://www.canada.ca/en/health-canada/services/publications/healthy-living/addressing-moisture-mould-your-home.html>

*<https://aseq-ehaq.ca/wp-content/uploads/2020/07/Taking-an-Exposure-History-CH2OPD2.pdf>

Li A et al. (2024) Research Square. <https://doi.org/10.21203/rs.3.rs-4162197/v1>



Patient – Caregiver Document Symptoms

- Diary of symptoms (own or child - dependent’s) in response to exposures
 - when worse e.g. when stuck indoors,
 - what may relieve symptoms e.g. walking outside, using medication
- Fluctuating health status monitoring e.g.
 - serial peak flows by asthmatics with readings in mouldy area or shortly thereafter and away from mouldy environment for at least a day
 - cell phone photos of rash exacerbations
 - pain intensity (VAS scale) for headaches





Clinical Testing

Condition appropriate e.g.

- ✂ WBC, CXR, pulmonary function testing for respiratory conditions
- ✂ cognitive testing & depression scale for mycotoxic neurological effects
- ✂ skin-prick allergen testing for recurrent rashes - limited suite panel (Alternaria, Cladosporium, Penicillium, Aspergillus, Candida)

Larenas-Linnemann et al. (2016). *J Allergy Clin Immunol Pract.* 4(3): P405-414
<http://dx.doi.org/10.1016/j.jaip.2015.10.015>

- Specific fungal disease e.g. *allergic bronchopulmonary aspergillosis (ABPA)*
 - ✂ consider provincial public laboratory available fungal serology testing

Cole, D., et al. (2017). *Lancet ID.* 17(12): e412-e419
[https://www.thelancet.com/journals/laninf/article/PIIS1473-3099\(17\)30308-0/fulltext](https://www.thelancet.com/journals/laninf/article/PIIS1473-3099(17)30308-0/fulltext)



Promoting health benefits of mould clean up and remediation





Source/exposure reduction

- Building owner to reduce humidity sources e.g. fix leaky plumbing, install extractor fans in bathroom & dehumidifiers in basements
- Practical mould remediation guidance in: *Part 2 Rentsafe Mould Expert Report*
https://rentsafecanada.files.wordpress.com/2022/02/mould-expert-report_health_impactsremediation.pdf
- Cleanup of mould - bleach not recommended; materials removal e.g. mould impregnated wall board. Professional cleanup if extensive
 - CMHC: <https://www.cmhc-schl.gc.ca/professionals/industry-innovation-and-leadership/industry-expertise/indigenous-housing/develop-manage-indigenous-housing/maintenance-solutions/mould-in-housing>

MOULD IN HOUSING

HOW TO CLEAN UP MOULD IN YOUR HOME

Mould should be removed as soon as possible. Here are some ways that you can find and fix affected areas.

FIVE STEPS TO REMOVING MOULD FROM YOUR HOME

- 1 FIND, STOP AND FIX THE SOURCE OF THE MOISTURE PROBLEM
- 2 PREVENT EXPOSURE TO MOULD AND DEBRIS
- 3 REMOVE ALL WET OR DAMAGED MATERIALS
- 4 CLEAN UP THE MOULD
- 5 RESTORE OR RENOVATE THE CLEANED UP AREA

SMALL MOULD PROBLEM

- Has less than three patches.
- One square metre in size each.
- Can clean it yourself if you are in good health.
- Clean using water and unscented dishwashing detergent.



MEDIUM MOULD PROBLEM

- Has more than three patches.
- Total area is smaller than three square metres.
- Should be cleaned up by qualified and trained maintenance staff.



LARGE MOULD PROBLEM

- Total area covers more than three square metres.
- Large patches throughout the home.
- Should be cleaned up by qualified and trained mould remediation contractors.





For more information on mould prevention, contact CMHC at 1 800 668 3642 or visit cmhc.ca/firstnations





Use personal protective equipment (PPE) during mould cleanup e.g. flooding

- With climate change, more Canadian communities are facing flooding, and greater mould exposure.
- Survey of 103 immunosuppressed residents affected by flooding: 49% engaged in cleanup of mould and water-damaged areas BUT only 43% of those doing heavy cleanup wore a respirator*
- To reduce barriers to PPE use, tenants should be provided with N-95s/KN95s masks, safety glasses or goggles and impermeable gloves during mould removal.



* Chow, N.A., et al. (2019). *Morbidity and Mortality Weekly Report*. 68(21), 469-473
. <http://dx.doi.org/10.15585/mmwr.mm6821a1>



Instrumental - Social Support & Advocacy

- Clinicians, as trusted/respected providers, can play a key role:
 - Assist with documentation and refer to specialists, as appropriate
 - Help source personal protective equipment (PPE) for cleanup
 - Support negotiations with building owner +/- move to other accommodation
 - Advocate for mould free healthy housing
<https://ontario.cmha.ca/news/ontarios-doctors-call-for-greater-investments-in-housing-programs/>
 - Connect patients with community supports (e.g., public health, property standards inspectors, legal aid) <https://rentsafe.ca/2019/06/26/new-resources-on-mould-and-health-for-physicians-and-their-patients/>



GUIDE FOR PHYSICIANS AND SAMPLE LETTER

Supporting patients with health effects related to mould

If your patient presents with symptoms related to mould exposure in their rental unit, it will be helpful for your patient to have a letter confirming these symptoms. The template below is intended to assist physicians' with providing such a letter. Please adapt the letter as needed. This letter can be used by your patient to help them in advocating for proper cleaning of the mould and remediation of the underlying moisture problem causing the mould growth.

You may want to refer your patient to the following organizations:

1. A community legal clinic to help in advocating with the landlord for proper clean up and remediation.
2. Public Health agency for an inspection of the unit* and proper instructions on cleaning mould.
3. Municipal property standards department for inspection and remediation requirements to deal with the underlying cause of the mould growth.

For more information on mould and health effects, please refer to the Enviro-Occ for Family Docs podcast on mould at: <https://cpd.tammedmcmaster.ca/>

* Note: Local Public Health Agencies' policies relating to inspections of private homes may differ within and across provinces/territories, depending on jurisdiction.

[Letterhead]
[date]

To Whom It May Concern:

On [date(s)], [patient name +/- parent/guardian] presented to me with the following condition(s). They have provided consent for me to release to you information on these conditions. [Briefly describe symptoms, duration, association with being in the dwelling (if any).]

The patient [or parent/guardian] reports that the rented dwelling in which they live is subject to mould growth located in [note specific rooms/throughout dwelling] and [+/- showed me photos of various areas].

I am of the opinion that the mouldy conditions described by the patient [patient's parent/guardian] could be significant contributing factors in the patient's condition described above. Ongoing exposure to mould is a health hazard and I am of the opinion that the continued exposure to mould will negatively affect my patient's long term health.

I appreciate that that there are no specific quantitative standards for mould in residential or any other settings. However, I cite Health Canada's Residential Indoor Air Quality Guidelines for Mould which considers that mould growth in residential buildings may pose a health hazard. It advises owners to clean thoroughly any visible or concealed mould growing in residential buildings.¹ Health Canada further recommends control of humidity and diligent repair of water damage to prevent mould growth.

In light of this situation, immediate action is needed to remediate the mould to reduce aggravation of my patient's condition. Such action may require the involvement of public health and/or property standards officials for expertise and guidance to both properly clean the mould and address the underlying moisture causing the mould growth. Please feel free to contact me if you require any further information.

Thank you for your attention to this matter.

Sincerely,

<https://rentsafe.ca/2019/06/26/new-resources-on-mould-and-health-for-physicians-and-their-patients/>



Cases Revisited

- Mom with children moved out of rental unit
- Senior in co-op building:
 - ✂ Primary care MD recognized mould exposure as contributor to physical, cognitive impacts
 - ✂ Repeated advocacy by residents led to fulsome investigation and response
 - ✂ Adult children provided portable, responsive HEPA filter air cleaner (not ionizing)
 - ✂ Remediation underway: significant replacement needed of ceiling, walls; multiple units





Comments & Questions?

Key Resource:

<https://rentsafe.ca/2019/06/26/new-resources-on-mould-and-health-for-physicians-and-their-patients/>



Insights from across sectors to address mould in rental housing

The Landlord Self-Help Centre and the Grey-Bruce Community Legal Clinic are funded by Legal Aid Ontario

RENTSAFE MOULD PRESENTATION: THE LEGAL FRAMEWORK

PRESENTED BY:



Grey Bruce Community Legal Clinic

March 19, 2025

RESIDENTIAL TENANCIES ACT

THE RESIDENTIAL TENANCIES ACT (RTA)

- Applies to most residential rentals in Ontario.
- Provides a framework on rights and responsibilities for both tenants and landlords, how to end a tenancy, how to legally resolve disputes.
- Cannot “contract out” of the Act: the RTA applies even if there are contrary provisions in a rental agreement.
- Establishes the Landlord and Tenant Board (LTB): a “Board” is similar to a court; it is where landlords and tenants apply for a legal remedy and evictions.



LANDLORD RESPONSIBILITIES: MAINTENANCE OBLIGATIONS

LANDLORD'S RESPONSIBILITY TO REPAIR

20 (1) A landlord is responsible for providing and maintaining a residential complex, including the rental units in it, in a good state of repair and fit for habitation and for complying with health, safety, housing and maintenance standards. 2006, c. 17, s. 20 (1).

- SAME

(2) Subsection (1) applies even if the tenant was aware of a state of non-repair or a contravention of a standard before entering into the tenancy agreement. 2006, c. 17, s. 20 (2).

*The information offered in this presentation is intended
as general information, it is not legal advice*



PROPERTY REPAIRS

- A LANDLORD MUST KEEP A RENTAL PROPERTY IN A GOOD STATE OF REPAIR. ALL THINGS THAT THE LANDLORD PROVIDES TO THE TENANT MUST BE KEPT IN WORKING ORDER. THIS COULD INCLUDE:
 - Electrical, plumbing or heating systems
 - Appliances
 - Carpets in the unit or common areas
 - Walls, roofs, ceilings
 - Windows, doors, locks, lighting
 - Garages, laundry rooms, patios, walkways or pools

*The information offered in this presentation is intended
as general information, it is not legal advice*



TENANTS RESPONSIBILITIES: ORDINARY CLEANLINESS AND DAMAGES

TENANT RESPONSIBILITY FOR CLEANLINESS

33. The tenant is responsible for ordinary cleanliness of the rental unit, except to the extent that the tenancy agreement requires the landlord to clean it.

TENANT'S RESPONSIBILITY FOR REPAIR OF DAMAGE

34. The tenant is responsible for the repair of undue damage to the rental unit or residential complex caused by the willful or negligent conduct of the tenant, another occupant of the rental unit or a person permitted in the residential complex by the tenant. [ie. Guests of the tenant]

Undue Damage means out of the ordinary; over and beyond normal wear and tear caused by ordinary use

Willful or negligent actions (rather than from lack of maintenance or ordinary wear and tear): **Willful** requires intent to damage; **negligent** requires an act or omission that a tenant ought reasonably to have known would result in damage

The information offered in this presentation is intended as general information, it is not legal advice



LEGAL PROCESS

A TENANT CAN BRING AN APPLICATION TO THE LANDLORD AND TENANT BOARD IF THE LANDLORD FAILS TO DO REPAIRS UNDER S. 20. THIS IS CALLED A "T6 APPLICATION".

- Bringing a case to the Board takes time and can be very difficult for a tenant.
- Tenants need to ensure that they have a good written records of communications and documentation; many tenants need emotional support in this process.
- The Board tends not to award high compensation to tenants but can make orders for the repair to be done; however enforcement can be difficult if the landlord refuses to comply.

A LANDLORD CAN BRING AN APPLICATION TO THE LANDLORD AND TENANT BOARD IF THEY CLAIM THE TENANT CAUSED THE MOULD GROWTH BY THEIR ACTIONS AND CAUSING DAMAGE TO THE UNIT. THIS IS CALLED A "L2 APPLICATION".

- The landlord can obtain an Order for the tenant to pay for the costs to fix the damage and/or eviction order

All Applications need EVIDENCE (documents, pictures, inspection reports, etc) to be successful.

THERE ARE TIME LIMITS TO FILE THESE APPLICATIONS SO IT IS IMPORTANT TO RECEIVE INDEPENDENT LEGAL ADVICE FOR INDIVIDUAL CIRCUMSTANCES.

The information offered in this presentation is intended as general information, it is not legal advice





CASE LAW

METROPOLE MANAGEMENT (TORONTO) CORPORATION V. ALY, 2024 ONSC 5637

- This was a combined hearing by the landlord for an eviction based on undue damage and a tenants' application for disrepair both based on extensive mould growth in the unit.
- The landlord claimed that the state of uncleanness in the unit contributed to the mould growth; there was a water leak in the bathroom and they alleged that the moisture level showed that the fan was not being used, contributing to the mould.
- The tenant claimed that the humidity in the bathroom was very high, that air flow in the unit was the problem, causing mould to grow and spread throughout the unit and the landlord had failed to respond to requests to investigate the ventilation system.
- The Board found in favour of the tenant: the landlord had failed to repair the unit in a timely manner and breached their responsibilities under s. 20 (the Landlord's responsibilities to repair).
- The Board ordered the landlord to clean and repair the ventilation system within 2 weeks; they also Ordered a rent abatement of 10% for 1 year to the Tenant.



The information offered in this presentation is intended as general information, it is not legal advice

CASE LAW: A LEGAL PROCESS TAKES TIME

METROPOLE MANAGEMENT (TORONTO) CORPORATION V. ALY, 2024 ONSC 5637

TIMING: 9 TO 10 YEARS FROM START OF PROBLEM

- The tenant started renting the unit in 2009.
- The landlord and tenant both acknowledged that there was an ongoing problem with mould in the rental unit since **2015**.
- There was a water leak in the tenant's bathroom in 2020; the mould became worse and present throughout the unit on the ceilings and walls; most severely in the bathroom.
- The applications to the Board were filed in 2022; the applications were heard over 2 days in August and October 2023; an Order issued in January 2024.
- an appeal was filed by the landlord and heard by Divisional Court in September 2024 and an Order issued in **October 2024**, upholding the LTB's decision. The legal process took about 2 years.



The information offered in this presentation is intended as general information, it is not legal advice

ADDITIONAL CASES



Barta v. Rudolph 2018 ONSC 6208 carswell ont 17232 (Ont Divisional Court)

- A tenant who did mould testing showing the presence of spores must provide an opportunity for the landlord to investigate and remediate the problem and cannot unilaterally terminate a 1 year lease (in this case the tenant suffered from mold toxicity and had terminated a 1 year lease without consent of the landlord).

Wrona v. Toronto Community Housing, 2014 ONSC 5743 2014 (Ont Divisional Court)

- A tenant was unsuccessful in his claim for compensation where the landlord had offered to move the tenant to another mould-free unit / and when the tenant refused entry to the landlord to do repairs.

Sarangan v. Morguard Nar Canada Limited Partnership 2018 ONSC 2864 (Ont Divisional Court)

- The tenants were found responsibility for mould damage when they kept the unit very hot and humid; the landlords during an annual inspection requested the tenants not keep the unit so hot and humid, to use exhaust fans and to open the windows; expert evidence at the hearing linked the mould to the temperature and humidity levels kept by the tenants (including using a humidifier); the tenants also had an obligation to inform the landlord of the black spots when first observed so as to give the landlord an opportunity to remedy the problem before it worsened. The cost of mould remediation was \$24,000. The landlords here also immediately offered another unit to the tenants so that they could do the mould remediation work needed in the unit.
- A finding of mould growth did not necessarily mean there had been undue damage. "Undue" meant out of the ordinary or not wear and tear caused by ordinary use. Here the mould damage had been undue, due to the severity and extent of the growth and the extreme remediation measures that had been required. Both reports supported that the unit had not been fit for habitation

Ontario Divisional Court: this is the appeal court that Landlords and Tenants can appeal decisions from the Landlord and Tenant Board

The information offered in this presentation is intended as general information, it is not legal advice



LANDLORD BEST PRACTICES: INSPECTIONS

- LANDLORDS SHOULD DO AN INSPECTION AT THE TIME OF MOVE IN AND AT THE TIME OF MOVE OUT
- THE LANDLORD SHOULD MAKE REASONABLE EFFORTS TO LIMIT THE FREQUENCY OF ENTRIES
- LANDLORDS SHOULD BE CAUTIOUS OF TENANTS RIGHTS AND PRIVACY WHILE CARRYING OUT INSPECTIONS
- LANDLORDS MAY TAKE PICTURES, PROVIDED THE PICTURES ARE RELATED TO THE INSPECTION OR REPAIR

The information offered in this presentation is intended as general information, it is not legal advice



ENTRY WITH NOTICE

A LANDLORD MUST PROVIDE **24 HOURS' WRITTEN** NOTICE BEFORE THE TIME OF ENTRY

REASONS FOR NOTICE:

- To carry out a repair or replacement or to do work in the unit;
- To carry out an inspection of the rental unit for the purpose of determining whether the rental unit is in a good state of repair and fit for habitation.

WRITTEN NOTICE MUST INCLUDE:

- The reason for entry;
- The date of entry;
- Who is entering; and
- The time of entry between 8:00 am and 8:00 pm.

The information offered in this presentation is intended as general information, it is not legal advice



LANDLORD'S
SELF-HELP CENTRE

SERVING THE NOTICE OF ENTRY

- THE LANDLORD MAY GIVE A 24-HOUR WRITTEN NOTICE OF ENTRY TO THE TENANT BY:
 - HANDING IT TO THE TENANT;
 - HANDING IT TO AN APPARENTLY ADULT PERSON;
 - PLACING IT IN THE TENANT'S MAIL BOX OR WHERE MAIL IS ORDINARILY DELIVERED;
 - SLIDING IT UNDER THE TENANT'S DOOR;
 - POSTING IT ON THE TENANT'S DOOR;
 - COURIER OR MAIL WITH ADDITIONAL TIME ADDED; OR
 - EMAIL IF THE PERSON OR PARTY RECEIVING IT HAS CONSENTED IN WRITING TO SERVICE BY EMAIL.

The information offered in this presentation is intended as general information, it is not legal advice



LANDLORD'S
SELF-HELP CENTRE

TENANTS: BEST PRACTICES

REPORT SIGNS OF MOULD & WATER LEAKS TO THE LANDLORD

- Best to do this in writing (text, email, letter) and keep a copy

ALLOW ENTRY FOR INSPECTION UPON BEING PROVIDED WITH PROPER NOTICE

- Tenants do not need to be present for the inspection but it is good if you are able to be there and communicate your concerns to the landlord; if you are anxious about this inspection, ask for a family member / friend to be with you.

ENSURE GOOD AIR FLOW BY USING EXHAUST FANS IN BATHROOM AND COMPLETE REGULAR ORDINARY CLEANING

- If you are going to clean small patches of mould, follow the guidelines from Public Health

IF YOU CONTINUE TO HAVE MOULD GROWTH AND YOUR LANDLORD IS NOT RESPONDING TO YOU, GET LEGAL ADVICE FOR NEXT STEPS. To find a free Legal Clinic in your area: <https://www.legalaid.on.ca/legal-clinics/> or call 1-800-668-8258

The information offered in this presentation is intended as general information, it is not legal advice. Everyone's situation may be different: If you have a particular concern about your unit, obtain individual legal advice.

GBCLC


CONTACT INFORMATION



**LANDLORD'S
SELF-HELP CENTRE**

55 UNIVERSITY AVENUE, 15TH FLOOR
TORONTO, ONTARIO M5J 2H7

TELEPHONE: 416-504-5190

TOLL FREE: 1-800-730-3218

EMAIL: info@landlordselfhelp.com

WEBSITE: landlordselfhelp.com

**Grey
Bruce
Community
Legal
Clinic**

945 3rd Ave East
Suite #2
Owen Sound, ON
N4K 2K8

TEL
519-370-2200

TOLL FREE
1-877-832-1435

WEB
gblegalclinic.com

FAX
519-370-2110

 **LEGAL AID ONTARIO**
AIDE JURIDIQUE ONTARIO

To find a legal clinic in your community:
<https://www.legalaid.on.ca/legal-clinics/>



Property Standards and By-Law

PRESENTED BY ALEXANDER WRAY AND MICHAEL FOSTER



What is Property Standards?

Property standards by-laws are minimum maintenance by-laws that enforces minimum standards for all types of properties.

Property standards by-laws get their authority through the Building Code Act.

Every owner of a property that is in a municipality is responsible to ensure their property conforms to the by-laws, whether that property is rural or urban.

Property Standards Enforcement is “a spoke in the wheel” of a larger part of enforcement tools and abilities to achieve voluntary compliance.



Property Standards Example

45 MOULD

45.1 Every building shall be maintained reasonably free of Mould.

45.2 Removal of Mould shall be done by a person using personal protection and proper cleanup methods.

45.3 The Owner may be required to hire a contractor experienced in water damage and mould remediation to complete the remedial work.

45.4 The Owner may be required to provide an initial environmental assessment report from a Professional Engineer with a Masters in Occupational Hygiene, a Certified Industrial Hygienist, or a Registered Occupational Hygienist, that identifies, and details, a remediation plan, to mitigate the following:

- (a) the extent of Mould contamination and the identity of the any contributory source,
- (b) any indoor pesticide contamination and sources of exposure,
- (c) the extent of water damage and indoor moisture problems, and
- (d) other items as the Officer may deem necessary.

Example from Town of Milton by-law no. 131-2012



The Process



1. Complaint received

The municipality will receive a complaint about a property not conforming with the by-law.

Complaints usually come from tenants within a rented property, though neighbors can also file complaints for any exterior issues.

In most cases, municipalities do not accept anonymous complaints and complainants are required to provide their name, address, and contact information.



2. Property Inspection

An officer will inspect a property to determine compliance with the by-law.

Officers do not have authority to enter any place being used as a dwelling without the permission of the occupant or obtaining a search warrant.

During an inspection, the officer will look for any issues that would be in violation of the respective property standards by-law.

If the by-law does not speak to a specific issue, officers have no authority to make an owner fix it.



3. Orders

Once it is determined that a violation of the by-law has occurred, officers can order a property owner to remediate the issue.

Orders issued under a property standards by-law must be served on the owner personally or through registered mail.

Owners are given 14 days from the time the order is served to appeal it, and a minimum of 14 days from the time the order is served to carry out the work. However, order compliance timelines vary significantly based on the scope of work and must be deemed reasonable in the eyes of the courts.



4. Non-Compliance

Should an owner not complete the work outlined in an order, the municipality has the authority remediate the non-compliance on behalf of the property owner and add the cost of remediation plus fees on the property taxes.

Owners can also face a fine of up to \$10,000 under the Provincial Offences Act.



Timelines



How long does it take to remediate?

Generally, under property standards, an owner must be given 14 days from the time the order is served to appeal the order and a minimum of 14 days to complete the work.

If an owner cannot be reached in person to serve the order, it is sent by registered mail and deemed served after 5 days.

Mold and other issues can generally be remediated within a few days once the compliance and appeal dates have passed. This process generally takes between 15-30 days from the initial inspection depending on the severity of the issue and the scope of work at hand (Ex. Contractor requirements, cost of work, availability, access to property, etc.)



Enforcement Challenges



Lack of Legislation

Without a by-law in place that speaks to mold, municipalities have no authority to order property owners or occupants to remedy the concern.

In the absence of municipal property standards by-laws, landlords and tenants would need to address their concerns of non-compliance through the Landlord Tenant Board.



Frivolous Complaints

Municipal Enforcement Officers are often called to complex situations between tenants and landlords. While issues of non-compliance do exist inside of rental accommodations, Municipal Enforcement Officers greatly depend on the co-operation of all involved parties to identify an issue and ensure subsequent compliance. As Officers are neutral parties in investigative matters, they can be summonsed by both the accused and the victim at Landlord Tenant Board Hearings.

Many municipalities have implemented variations of Frivolous and Vexatious complaint policies to address residents and tenants who deliberately cause damage or file vexatious complaints to cause harm or disrepute to their neighbour/landlord/tenant.



Staffing Levels

With the continued aging of our rental housing stock, and rising demands on municipalities for higher standards and increased inspections, municipalities often face resource challenges delivering By-law Services.

A recent benchmarking of staffing in York Region found that the average Officer to Population ratio was approximately 1:10,000 residents.



Questions?

Public Health Sector – Addressing Mould Concerns in Rental Housing

Helen Doyle, Environmental Health Workgroup Chair
Ontario Public Health Association

Marivi Barrios, Environmental Health Specialist
Toronto Public Health

Burgess Hawkins, Manager, Health Protection Division
Public Health Sudbury and Districts

*Intersectoral Webinar: Addressing Mould and its Health Effects in Rental Housing
March 19th 2025*

The logo for the Ontario Public Health Association (OPHA) is located in the bottom right corner. It consists of the acronym "OPHA" in a large, bold, blue font, with the full name "Ontario Public Health Association" and its French equivalent "Association pour la santé publique de l'Ontario" in smaller text below it.

Public Health Mandate in Ontario

Requirements* applicable to housing:

- Investigate potential health hazards
- Inspect facilities where there is an elevated risk of exposures to health hazards
- Engage in community and multi-sectoral collaboration to:
 - Reduce exposure to health hazards
 - Decrease health inequities
 - Promote healthy built environments
- Use best available evidence to inform public health action
- Engage priority populations in planning of public health interventions
- Engage municipalities in healthy environment strategies e.g. policy and bylaws related to housing conditions

*Flexible approach: Balances the need for province-wide standardization, with the need for variability to respond to local needs, priorities and contexts

Ontario Public Health Standards: Requirements for Programs, Services and Accountability

Health Hazard Response Framework 2019

Healthy Environments and Climate Change Guideline, 2018

OPHA

Ontario Public Health Association

Association pour la santé publique de l'Ontario

Collaboration for Effective Public Health Response

Public Health Professional Associations:

- OPHA partnering with RentSafe team and National Collaborating Centres for Public Health on policy advocacy and outreach e.g. Public Health Unit survey
- OPHA and Canadian Institute of Public Health Inspectors (CIPHI Ontario Branch) collaboration with property standards association on model mould bylaw

Local Public Health Units:

- Working with local bylaw and other community supports to determine the most effective way to address the issue – health hazard, structural issues, underlying/upstream determinants of health

OPHA

Ontario Public Health Association

Association pour la santé publique de l'Ontario

RentSafe.ca

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Key Public Health Takeaways

- **Health Evidence** – People living in homes with mould and damp conditions are more likely to experience health effects. Some people are more susceptible.
- **Health Canada Guidelines:** (1) Prevent mould growth: Control moisture, repair water damage, (2) Remediate: Indoor mould growth should be removed
- **Public Health Mandate:** Investigate health hazards, promote healthy environments; Public health practice is evidence-based, equity-focused, collaborative, and responsive to local needs and context (flexibility built-in)
- **Local Public Health Response:** Informed by local context - municipal structure, local partnerships, bylaws; enforcement authority (HPPA, local bylaws), joint inspections, referrals; health promotion and education
- **Partnerships:** Cross-sectoral collaboration is key to effective public health response for healthy housing for all – national, provincial, local



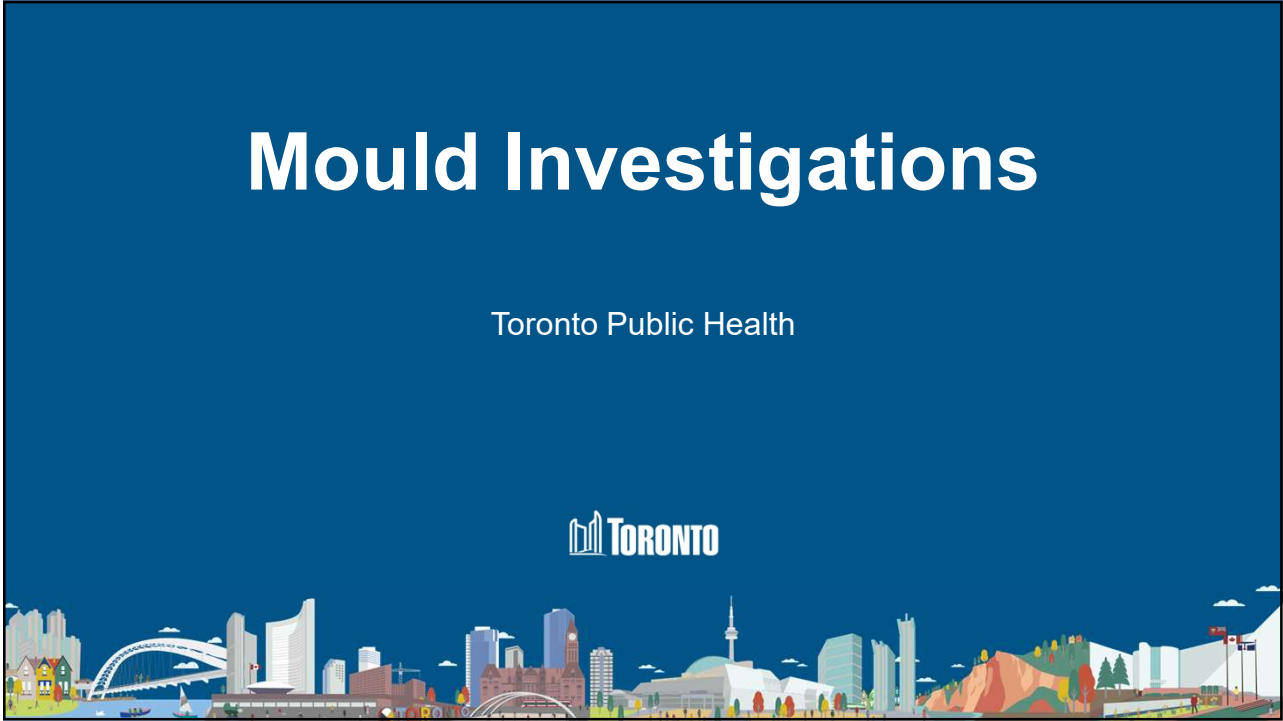
OPHA
Ontario Public Health Association
l'Association pour la santé publique de l'Ontario
Établissement fondé en 1949

Resources

- Ontario Public Health Standards. 2021 <https://www.ontario.ca/page/ontario-public-health-standards-requirements-programs-services-and-accountability>
- Health Canada: Guide to Addressing Moisture and Mould Indoors <https://www.canada.ca/en/health-canada/services/publications/healthy-living/addressing-moisture-mould-your-home.html>
- Health Canada: Residential Indoor Air Quality Guidelines: Mould <https://www.canada.ca/en/health-canada/services/publications/healthy-living/residential-indoor-air-quality-guideline-moulds.html>
- National Collaborating Centre for Environmental Health <https://ncceh.ca/resources/subject-guides/mould-assessment-remediation-and-building-resilience#h2-0>



OPHA
Ontario Public Health Association
l'Association pour la santé publique de l'Ontario
Établissement fondé en 1949



Mould Investigations – an Urban Example

311/Health Connection

- Requests for investigation are received
- If further investigation is warranted, calls are triaged to either Toronto Public Health or Municipal Licensing and Standards for further follow-up

Toronto Public Health (TPH)

- Investigation is referred to TPH when there is a suspected health hazard due to mould
- TPH may call upon MLS for support in the case of a suspected structural deficiency or large extent of damage from mould

Municipal Licensing and Standards (MLS)

- Investigation is referred to MLS when there is a known structural deficiency or large extent of damage from mould
- MLS may call upon TPH for support in the case of a suspected health hazard after structural deficiencies are rectified



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Health Hazard Conditions

Work with the owner/property manager

- Provide guidance and information on proper remediation

Make referral to and consult with other divisions

- E.g. MLS or Public Health Ontario (PHO) where necessary
- Joint investigations where necessary

When owners become un-cooperative, absent or unresponsive

- When owners/property managers become un-cooperative, absent or unresponsive



Marivi Barrios
Environmental Health Specialist
marivi.barrios@toronto.ca

*Thank you
for Listening!*



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Mould Response Public Health Sudbury & Districts

Burgess Hawkins
Manager, Health Protection
hawkinsb@phsd.ca



Public Health
Santé publique
SUDBURY & DISTRICTS

Public Health Sudbury & Districts

- A public health unit separate from all municipalities in our jurisdiction
 - Area: 46 167 km²
 - Population: 202 431
- 2 regional districts and one single-tier city
- Wide range of population centers:
 - 1 city, 160 000 population
 - 1 town, 5000 population
 - 8 towns/townships, 1000 to 3500 population
 - 8 towns/townships, less than 1000 population
 - unorganized territories, 3100 population (35 625 km²)
 - 13 First Nations

Public Health Sudbury & Districts

phsd.ca

Standard mould response in a municipality

```
graph TD; A[A complaint is received from a tenant. Try to determine mould size and location] --> B{Area affected small?}; B -- No --> C[Visit site]; B -- Yes --> D[Instruct complainant on proper cleaning methods. Close complaint.]; C --> E{Visible mould?}; E -- Yes --> F[Contact landlord to clean-up mould]; E -- No --> G[Close Complaint]; F --> H{Does there appear to be building issues causing mould?}; H -- No --> I[Close complaint]; H -- Yes --> J[Instruct tenant to contact local Building Dept. or Bylaw Dept.]; J --> K[Request permission to pass on complaint report to local Building/Bylaw Dept. and Contact Building/Bylaw Dept.]; K --> L{Landlord remediating mould?}; L -- No --> M[Escalate to Section 13 Order and charges as required]; L -- Yes --> I;
```

The flowchart outlines the standard mould response process in a municipality. It begins with a complaint received from a tenant, leading to a decision on whether the affected area is small. If small, the complainant is instructed on proper cleaning methods and the complaint is closed. If not small, a site visit is conducted. If visible mould is found, the landlord is contacted for clean-up. Following clean-up, a decision is made on whether building issues are causing the mould. If not, the complaint is closed. If yes, the tenant is instructed to contact the local Building or Bylaw Department. A complaint report is then passed to them, and the landlord is asked if they are remediating the mould. If not, the case is escalated to Section 13 for an order and charges. If yes, the complaint is closed.

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Other scenarios

- Multiple complaints
 - Work in conjunction with local Bylaw Dept. Public Health deals with mould issues, Bylaw handles issues covered by *Property Standards Bylaw*.
- Unorganized territories
 - No municipalities to work in conjunction with
 - Use moral suasion to attempt to get repairs to residences
- Tenant cannot physically or mentally do the work needed to have the issue remediated
 - Normally issue raised by another tenant or landlord
 - Gain entry
 - Gain tenant's trust
 - Find out if they have local supports (family, religious, etc.)
 - Try to get them to get help from local social or mental services

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The role of municipal social services in addressing mould in community and rental housing

Ontario Municipal Social Services Association

Darryl Wolk – Manager of Policy Development and Public Affairs

Municipal Social Services

- The Ontario Municipal Social Services Association (OMSSA) is a non-profit association whose members are Ontario's Consolidated Municipal Service Managers (CMSMs) and District Social Services Administration Boards (DSSABs).
- In Ontario, core social services like income support, child care and early years services and social housing are planned, managed and co-funded by municipal Service System Managers.
- Ontario's municipal governments fund the majority of costs as a result of the province transferring these responsibilities to municipal governments in 1998. Ontario's 47 Service System Managers oversee systems planning and manage the delivery of local human services in a way that is integrated, people-focused and outcomes-driven.
- Municipalities have service level standards under the Housing Services Act



Housing and Homelessness: Municipal Roles and Responsibilities

- Managing 260,000+ affordable housing units, representing a combined \$40-billion asset
- Providing affordable homes to more than 680,000 Ontarians
- Administering funding, overseeing standards, and providing capacity building to more than 1,500+ non-profit and co-operative housing providers
- Managing wait lists and access to affordable housing for their communities, according to provincial and local priorities
- Providing affordable housing options across the continuum of housing needs, from shelters, transitional and supportive housing to rent-geared-to-income (RGI) and affordable rental
- Meeting the unique and complex housing needs of their communities, informed by the priorities set out in their 10-Year Housing and Homelessness Plans, as well as provincial and federal programs and legislation



Ontario Housing and Homelessness Stats (Scope of the Issue)

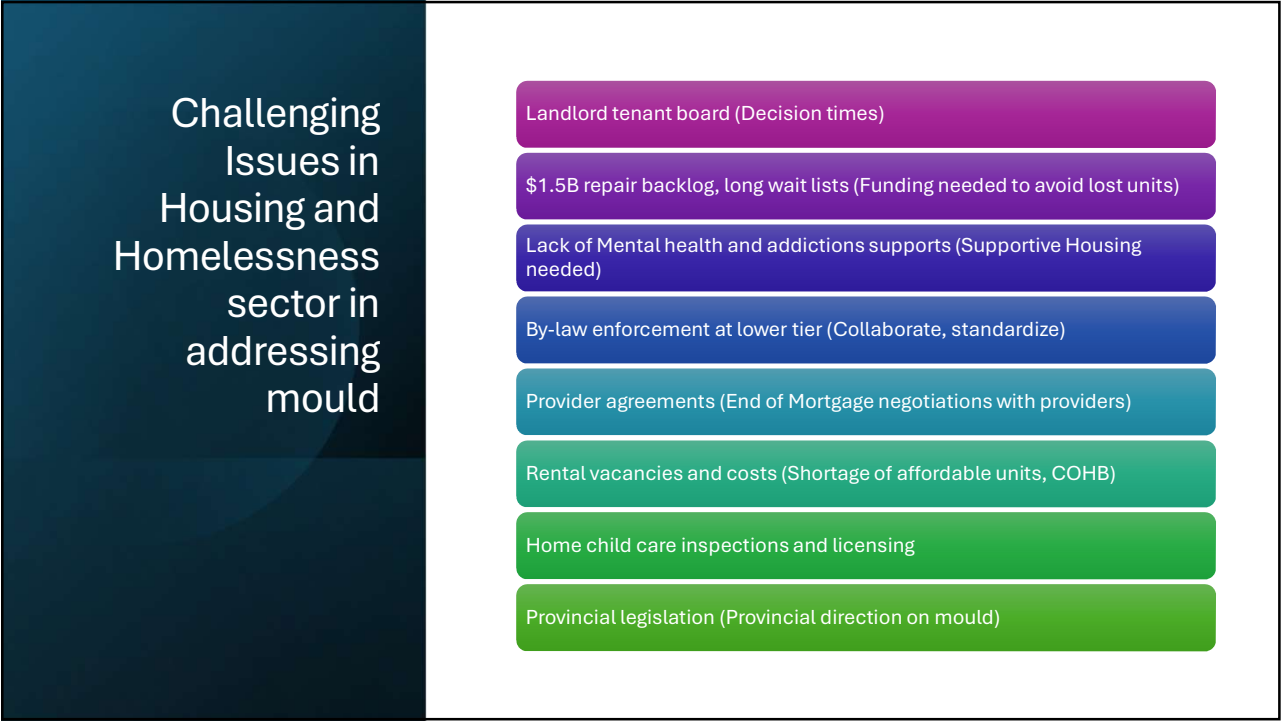
- 232,419 households were on waitlists for rent-geared-to-income (RGI) housing in 2024, an 8.9% increase from 2023.
- The number of RGI units (178,636) has not kept pace with rising demand.
- Total funding for housing programs increased from \$1.4 billion in 2016 to \$2.5 billion in 2024.
- Municipal contributions grew by 108%, rising from \$792 million in 2016 to \$1.64 billion in 2024, now covering 65.1% of all housing funding.
- Ontario's municipalities are also the primary funders of community housing in Ontario, contributing more than \$1.77 billion annually.
- Most of the community housing stock in Ontario is between 18 and 50 years old, and the cost to address the backlog of needed repairs is \$1.5 billion.
- In Ontario, 46% of rental households are paying more than 30% of their income on rent – and more than 1 in 5 are putting more than 50% of their income towards rent.
- In 2024, Ontario's homelessness system provided an estimated 27,138 beds across: 17,770 emergency shelter spaces, 3,520 transitional housing spaces and 5,848 supportive housing spaces.



Ontario Housing and Homelessness Stats (Vulnerable populations)

- 81,515 people experienced homelessness in 2024—a 25% increase since 2022. 41,512 people are chronically homeless, making up 51% of all cases—a tripling since 2022.
- 25% of people experiencing chronic homelessness are children and youth.
- 4,418 Indigenous people were reported as chronically homeless in 2024, representing 10.6% of cases despite making up only 2.9% of Ontario's population).
- 10,552 refugees and asylum seekers were chronically homeless in 2024 — a 475% increase since 2021
- There are currently over 1400 homelessness encampments in Ontario.
- Issue is growing faster in Northern and rural communities compared to larger cities and regions.







Thank you

Please feel free to contact Darryl Wolk at: dwolk@omssa.com with any questions or comments

CMHA Grey Bruce Housing Program

Perspectives from a Non-Profit Mental Health and Addictions Supportive Housing Provider

Scott McKay MSW, RSW

Rebecca Carr

March 19th, 2025



Objectives

- 1. Who is CMHA Grey Bruce?
- 2. What is Supportive Housing?
- 3. Perspectives from a Non-Profit Mental Health and Addictions Supportive Housing Provider
- 4. Questions

Who is CMHA Grey Bruce

Mission

At the CMHA Grey Bruce we cultivate hope, resilience and community for those who live with, and are impacted by, mental illness and/or addiction.

Vision

We will create an inclusive community inspiring hope, choice and well-being for all.

Values

We are driven by our values of compassion, dignity, inclusivity, integrity and choice.

Programs & Services

- Addiction Services
- Mental Health Counselling
- Peer & Family Support
- Social Recreation & Rehabilitation Services
- Recovery College
- Social Enterprise
- Supportive Outreach Services (S.O.S.)
- Men’s Program
- Education & Training
- Mobile Crisis Response
- Central Intake
- Supportive Housing

What is Supportive Housing

“Supportive housing combines housing assistance with wrap-around support services to help individuals, including those at risk of homelessness, with disabilities, mental health challenges, or substance use issues, live independently. These programs are designed to provide a stable and safe living environment with access to essential services.”

-Addictions and Mental Health Ontario

- Support services include clinical and non-clinical services (e.g. counselling, case management, income support, and life skills training).
- Care Plans are developed with input for client/occupant based on bio-psychosocial assessment tools and are geared to support individuals to achieve or maintain recovery, build life skills required to maintain successful occupancies, and integrate individuals in their community.

Sources:

<https://amho.ca/our-work/advocacy-awareness/supportive-housing/#:~:text=Supportive%20housing%20refers%20to%20housing,health%20and%20substance%20use%20challenges>

<https://amho.ca/wp-content/uploads/2023/10/Best-Practice-Guide-English.pdf>

Supportive Housing

- Programs are largely funded through the Ontario Ministry of Health
- Overseen by Facilities Manager, Housing Manager, Manager of Community Mental Health and Addictions, and Manager of Residential Services
- Residential Support: Brooke House and Frank Street are Congregate Living settings that provide supported group living where rent is geared to income. Staff are available on-site throughout the day and evening.
- Community Homes for Opportunity: CHO staff use a recovery-based approach aiming to improve and/or stabilize physical and mental health, foster independence, and enhance participation and integration into the community.

Supportive Housing (cont.)

- Apartment Program: This program provides subsidized housing for individuals living with a serious mental illness who may be homeless or at risk of homelessness and would benefit from case management support.
- 14th Street Transitional Supportive Housing: 12 transitional supportive housing units with high-acuity mental health and addictions supports for individuals with mental illness and/or substance use issues who are homeless or at risk of homelessness.



Perspectives from a
Non-Profit Mental
Health and
Addictions Supportive
Housing Provider

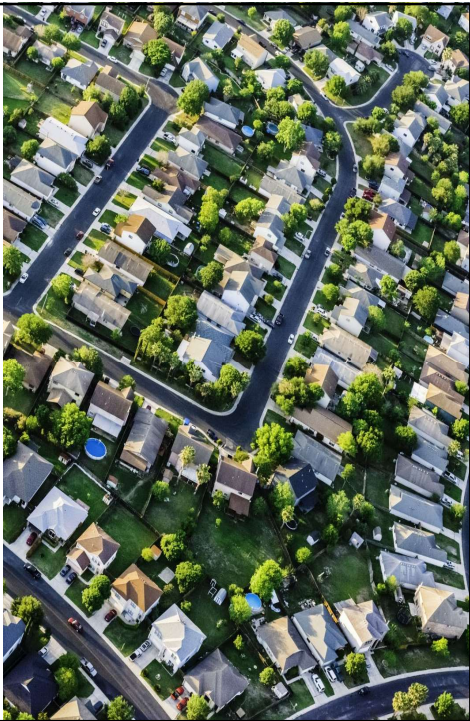
1. CMHA Grey Bruce’s Dual
Role in Buildings: Landlord
and Tenant Support

- **Educating Landlords on Mental Health:** Many private landlords may not fully understand or be willing to accept occupants with mental health challenges. Common misconceptions about behaviour, reliability, liability and risk often leads to resistance to renting to individuals with mental health or addiction challenges.
- **Preventative approach to Property Management:** Working alongside support workers to ensure that occupants are adhering to program and building requirements as problems begin to arise rather than when it becomes an RTA concern.
- **Inconsistent Maintenance:** Housing Providers often rely on their property owners to maintain the property- property standards can vary between each property owner. This can result in subpar maintenance that can negatively affect occupant’s quality of life. Examples include: delays in plumbing or electrical fixes, heating concerns etc.



CMHA Grey Bruce’s Dual Role in Buildings- Landlord and Tenant Support (cont.)

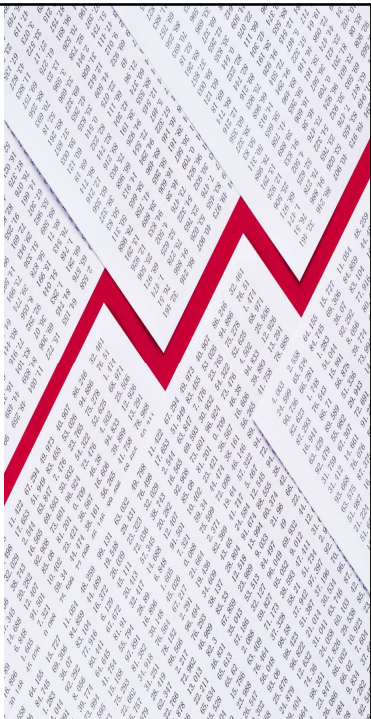
- **Limited Influence on Property Decisions:** Nonprofit housing providers do not have any control in large decisions that can directly affect the occupancy. Some examples are selling the property, demolishing property, changing purpose of building etc.
- **Dual Advocacy.** Advocacy for occupants aim to ensure rent is affordable and that the housing is safe and well-maintained. Private landlords aim for a profitable return on investment. They need to cover the costs of maintenance, property management, and possibly other financial obligations, all while making the venture financially sustainable. return on investment. They need to cover the costs of maintenance, property management, and possibly other financial obligations, all while making the venture financially sustainable.
- **Complex Legal Framework-** Ensuring housing provider are complying with their organizational mandates and lease agreements while ensuring occupants are complying local landlord-tenant laws. Responsibility can become very complex as occupancy concerns arise.



2. Financial Pressure for Housing Providers & Private Landlords

- **Inflation and cost increases:**
 - Inflation rates were stable between 2015 – 2019 at roughly 2% annually but started to rise starting in 2021 with peak inflation coming in 2022 at 6.8%. Since 2021, it has started to decline.
 - Inflation leads to higher cost for property services such as maintenance cost, property taxes and utilities. Increased operating costs can affect housing providers and landlords by increasing the cost of materials and repairs of running apartments.
- **Market Rent Increases:**
 - Market rent values have increased locally by more than 50 % in the last 5 years in the private market which ultimately reduces the number of subsidies available as each apartment requires larger subsidy to offset rent.

Sources:
<https://www.statista.com/statistics/271247/inflation-rate-in-canada/#:~:text=In%20general%2C%20the%20inflation%20rate,2017%20if%20estimates%20are%20correct>
<https://unitedwayofbrucegrey.com/living-in-bruce-grey-costs/>



Financial Pressure for Housing Providers & Private Landlords (cont.)

- **Inconsistent Funding:** Housing Providers depend on government funding to cover the costs of operating housing. This funding can be inconsistent or insufficient, depending on government priorities, the availability of grants, and the specific needs of the program. This can result in gaps in funding, which may force the non-profit to either increase its own fundraising efforts or reduce the number of units available to clients.
- **Vacancy Rates:** Vacancy rates can be a financial challenge, particularly when clients leave or are evicted. If a unit remains vacant for an extended period, the non-profit may still be obligated to pay rent to the landlord, creating a financial strain. The non-profit must ensure there is a steady flow of clients and be prepared to manage situations where tenants leave unexpectedly.
- **Lack of Base Funding Increases:** Over the past 12 years, Community Mental Health and Addiction providers have only received a 5% increase to provincially funded programs (including housing subsidies), not keeping in line with the over 20% increase in inflation over this time period.



3. Mould Maintenance

The Property Owner, Housing Provider, and Occupant share the responsibility for reporting mould and maintaining proper living conditions

- **Property Owner Responsibility:** Private Landlords have a responsibility for maintaining the structural integrity of the property. This could involve fixing leaks, ensuring proper ventilation, and addressing any underlying issues that contribute to mold growth.
- **Housing Provider Responsibility:** Housing Provider as the managing party would share the responsibility with the occupant to ensure that proper living conditions are being met. This includes addressing occupant concerns, performing regular inspections, and managing repairs or remediation efforts for mold if it's related to tenant behavior, such as improper ventilation or water damage that they might have caused. Housing Provider handles issues related to occupant behavior, such as excessive moisture from daily living activities (e.g., leaving water running, laundry or showering). Housing Providers are responsible for ensuring tenants are aware of proper ventilation or cleaning practices to prevent mold.

Mould Maintenance (cont.)

- **Occupant Responsibility:** Occupant is responsible for timely reporting of any signs of mould or water damage to housing provider, providing proper ventilation in unit (using exhaust fans, opening windows occasionally to allow air circulation, etc.) and regular cleaning of their apartment.
- Expectations include:
 - **Report mould or water damage to Housing Provider immediately.**
 - **Maintain good ventilation in areas prone to moisture (e.g., bathrooms, kitchen).**
 - **Control humidity and manage moisture levels in the unit.**
 - **Clean minor mould growth on non-porous surfaces but avoid cleaning extensive mould without professional help.**
 - **Cooperate with the landlord in addressing and remediating the mould issue.**
 - **Case Management provides support to assist Occupants/Client to meet expectations.**



Questions?

Contact
Information

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Canadian Mental
Health Association
Grey Bruce
Mental Health and Addiction Services



**Putting it all together:
Opportunities to improve prevention
and responses to mould across sectors**

Why address mould through collaboration across sectors?

- Improve prevention and early intervention
- Need for coordinated responses to immediate needs/acute issues
 - Leverage roles, responsibilities, expertise and capacity
- More effective service provision (referrals), policy change, system function
- Mould in housing is related to several issues:
 - System responses to rental housing issues
 - Housing maintenance
 - Tenant and Landlord Rights and Responsibilities
 - Government funding and incentives for preservation of existing affordable housing
 - Low-Income
 - Energy poverty
 - Climate change

Housing as an intersectoral issue

Involvement of other sectors



Public health	Tenants	Housing providers
Health care	Housing support	Housing developers
Legal services	Community Organizations	Emergency Services
Municipal governments	Indigenous governments	Provincial/territorial (P/T) governments
Federal government		

Policy Advocacy Opportunity Mould By-Law



Ontario Association of Property Standards Officers (OAPSO)'s updated **model by-law on mould in housing** can be adopted by municipalities across Ontario to include robust mould remediation language and enhance capacity for enforcement of Property Standards.

- Now available through OAPSO's Model Property Standards By-Law (see by-law 4.16), and RentSafe at: <https://rentsafe.ca/2025/03/07/model-mould-by-law/>
- co-created with the expertise of both public health inspectors and municipal property/by-law officers, with representatives from provincial professional associations from public health and municipal services, and RentSafe
- Informed by a comprehensive scan of existing by-laws across Ontario

Community collaboration to address mould and unhealthy rental housing Bright Spot on RentSafe Owen Sound Collaborative



RentSafe Owen Sound Collaborative has mobilized the findings from surveys of landlords and tenants to present a compelling case for action at the municipal level.

- Research findings presented to the City Council's Corporate Services Committee, highlighting the need to improve rental housing conditions and support landlords and tenants
- **Recommendations** include:
 - improve data collection,
 - adopt a mould model by-law, and
 - prioritize measures to help landlords maintain rental units and foster effective tenant-landlord relationships.

The committee unanimously approved a motion for City staff to explore actionable steps based on the report's recommendations.

Opportunities for action to address mould and unhealthy housing conditions in rental housing

- Patient/client tenant advocacy to address immediate/acute issues
- Policy advocacy:
 - Municipal mould by-law
 - Proactive rental inspection
 - Supports for tenants and landlords
 - mediation
 - supportive housing
 - hoarding support
 - affordability (of housing, energy, adequate income)
 - incentives for regular maintenance of rental housing
 - targeted funding for maintenance, retrofits of low-income rental housing (including supportive housing), remediation
 - funding for flood clean up (personal protective equipment - masks)



Addressing unhealthy conditions in rental housing: the case of mould

Wednesday, Mar 19, 2025
10 AM - 12 PM



Mould is one of the most common concerns contributing to unhealthy housing in Ontario

RentSafe.ca | Connecting people across sectors toward healthy housing for all







Community Legal Education Ontario
Éducation juridique communautaire Ontario



ONTARIO
GOVERNMENT OF ONTARIO
MINISTÈRE DU LOGEMENT
et des services communautaires



INDIGENOUS
CLEAN ENERGY



OPHA
Ontario Public Health Association



City of Toronto
Municipalité de Toronto



MSSA
Mental Health Service Providers Association



Public Health
Santé publique
SUDBURY & DISTRICTS

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